FEMALE SPECIAL ISSUES

The issue or topic areas below address some of the most frequent pathways to women's offending or similar life problems. Each resource set is tailored to help participants identify the nature of the risk these areas still present in their lives. It then provides a series of stages-of-change and MI-based interventions for group and individual work, helpful guidelines for staff to help identify and address specific issues, a clear set of behaviorally-stated objectives, and situational confidence assessments (SCQ). These resources are ideal as overlays to a core program based on the New Freedom CBT and DBT-based gender-specific resources (above).

The Female Gender-Specific (GS) Issue-Focused Resource Series (supports core programming)	Abuse/ Victimization GS-AV10	Addresses physical, verbal, emotional or sexual abuse, victimization of any sort - as risk factors. Trauma-informed resource.
	Community/ Poverty GS-CP10	Addresses significant learned helplessness or hopelessness in family/community, adoption of antisocial role or coping models, and poverty or economic issues as significant contributing factors to criminal behavior.
	Body Issues, Low Self-Esteem/ Shame *GS-SES10*	Addresses issues with self-image, body image, eating disorders, and/ or shame-based addiction or dependency.
	Neglect/ Abandonment/Family GS-NA10	Addresses multiple issues: neglect during childhood, abandonment (or absence) of one or more parents/caregiver, significant dysfunction in family-of-origin, and significant placement in foster care or group homes.
	Relationships/ Friendships - and Boundaries GS-REL10	Relationships are a major pathway to problems, and may continue to be significant risk factors. Addresses dysfunctional relationships, codependent relationships, and family-of-origin issues, as well as negative peer influence and negative peer pressure.
	Trauma GS-T10	As many women in the program setting have been exposed to significant trauma, these helpful resources address prior exposure to trauma, symptoms (and symptoms management) of post-traumatic stress, and vulnerability to specific types of triggers. Highly recommended for most treatment settings.
	Violence GS-V10	Addresses exposure to significant violence, violence in home setting during childhood, violence in relationships (target or victim), and violent behavior (self).